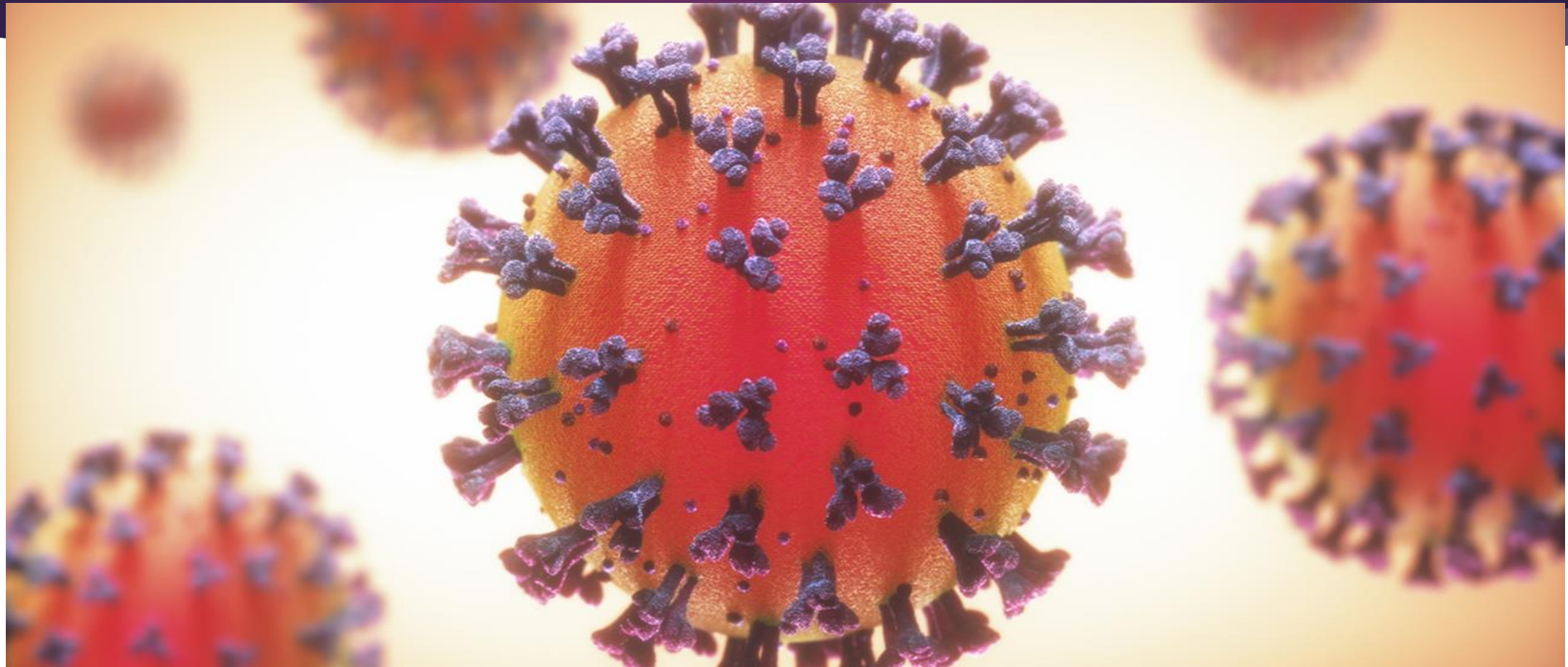
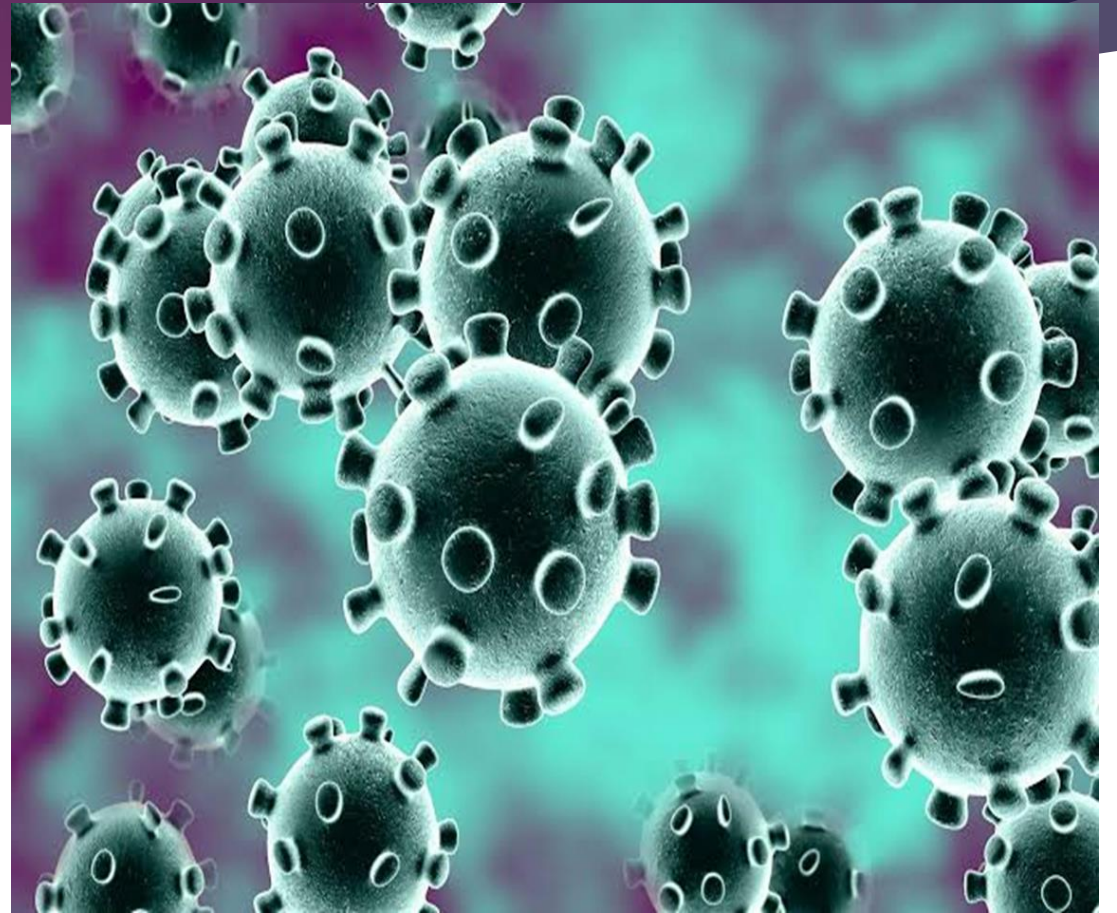




CORONA VIRUS (COVID-19)TODAY

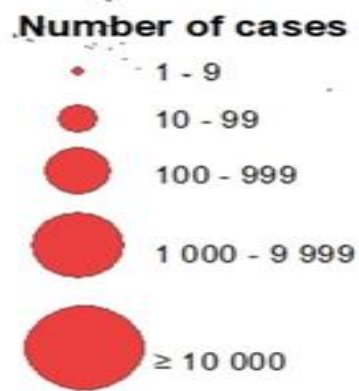
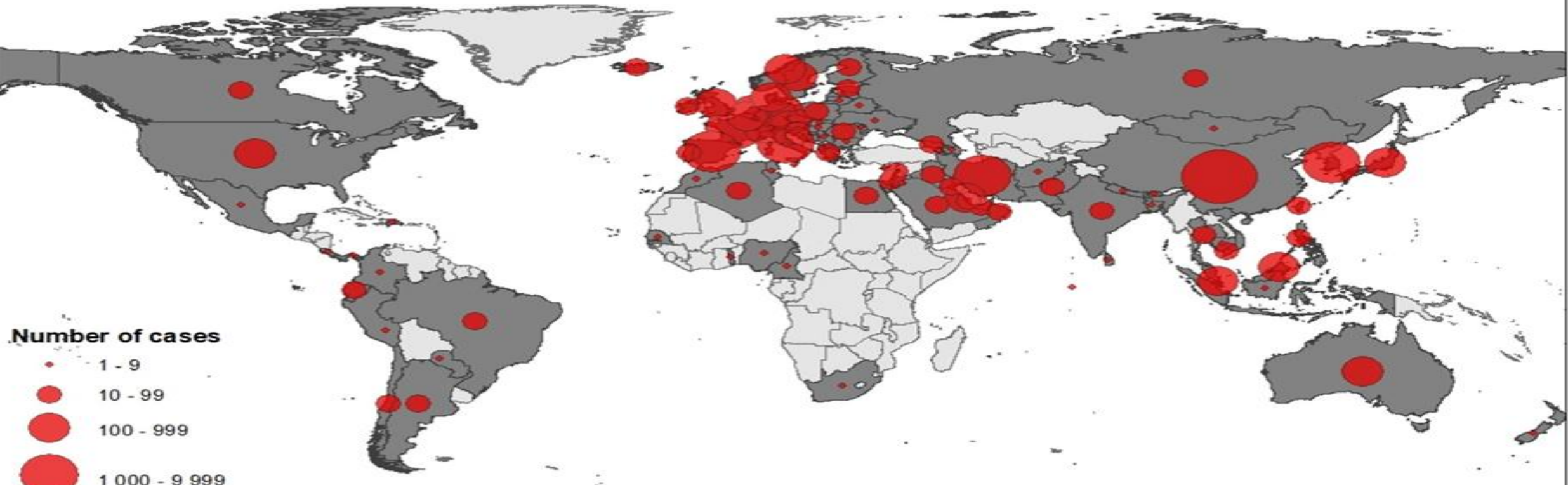


Coronaviruses (CoV) are a large family of viruses that cause a wide range of illness from the common cold to more severe diseases • i.e., Middle East Respiratory Syndrome [MERS] and Severe Acute Respiratory Syndrome [SARS] •



OUTBREAK

- ▶ A novel coronavirus (nCoV) is a new strain that has not been previously identified in humans, this was discovered in China in December 2019.
- ▶ Over a hundred countries have recorded at least one case of corona virus.
- ▶ WHO has described this as a pandemic.
- ▶ Over 2 million cases have been reported globally.
- ▶ The increase in death toll has risen to over 170,000.
- ▶ Nigeria presently has 873 cases of coronavirus with 28 deaths recorded.



Countries reporting cases

Date of production: 10/03/2020



The boundaries and names shown on this map do not imply official endorsement or acceptance by the European Union.

Who is at risk?

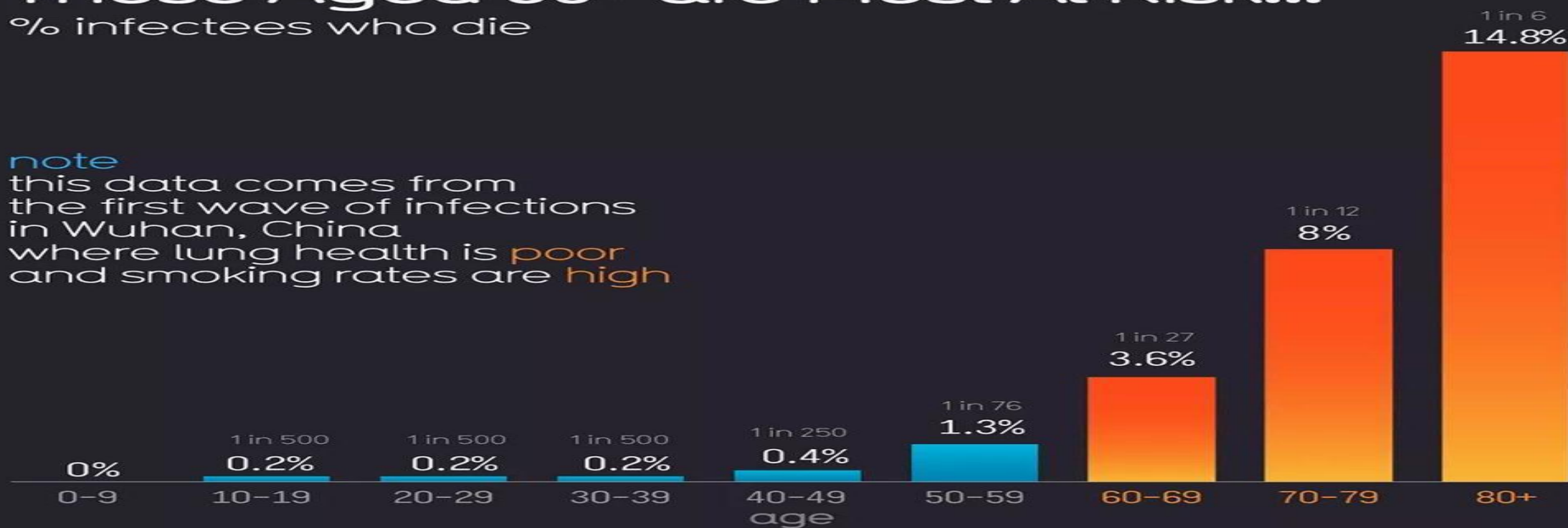
COVID-19 #CORONAVIRUS INFOGRAPHIC DATA PACK

Those Aged 60+ are Most At Risk...

% infectees who die

note

this data comes from the first wave of infections in Wuhan, China where lung health is **poor** and smoking rates are **high**



Who is at risk.....?

COVID-19 #CORONAVIRUS INFOGRAPHIC DATA PACK

Especially Those with Existing Conditions

% with other *serious ailments* who die



- ▶ Incubation period - current estimates of the incubation period of the virus range: 1-12.5 days (median 5-6 days).



Corona Virus Spreads.....

- Wuhan corona virus is transmitted from animals to humans.
- Human-Human transmission.
- Spreads via contact with saliva and respiratory droplets of infected persons through kissing , sneezing and cough or via contaminated surfaces.

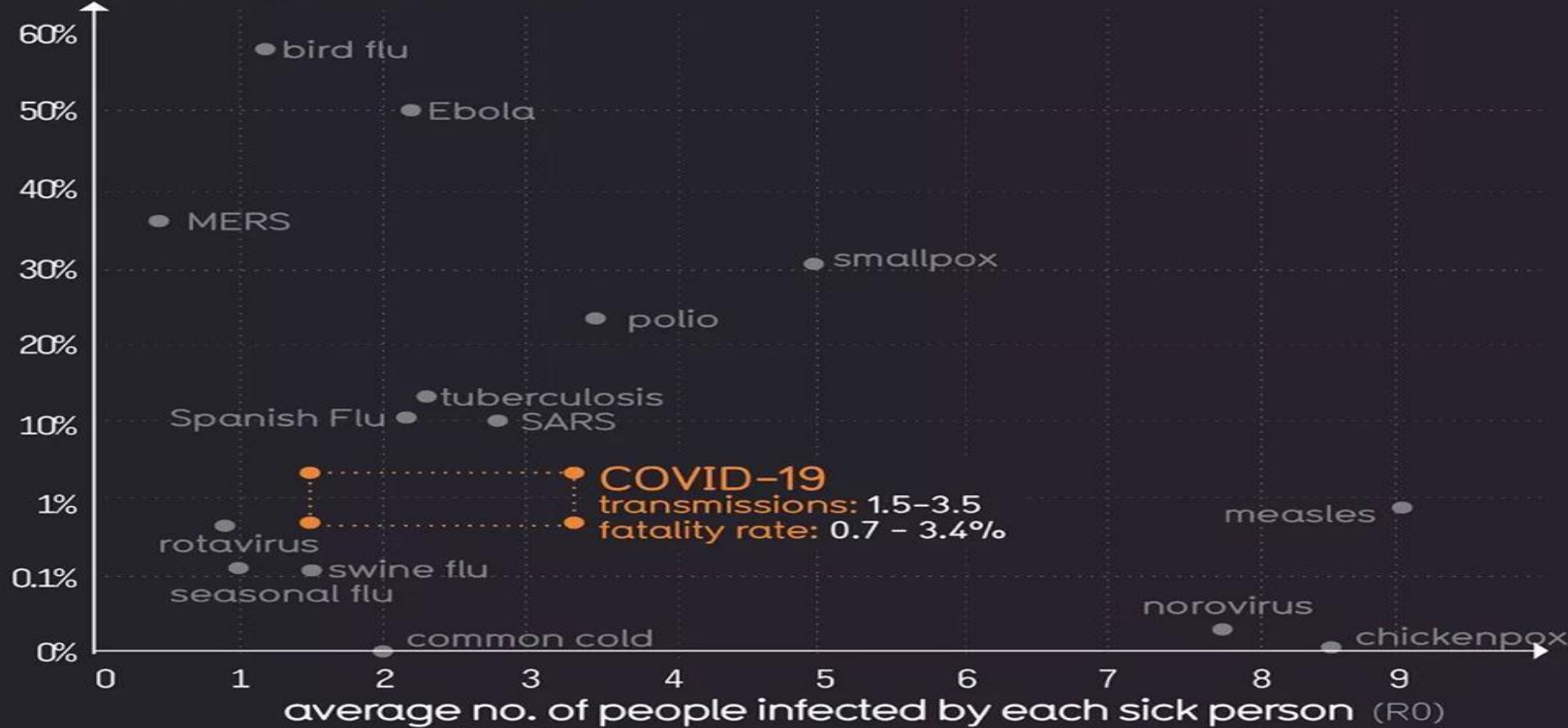


COVID-19 #CORONAVIRUS INFOGRAPHIC DATA PACK

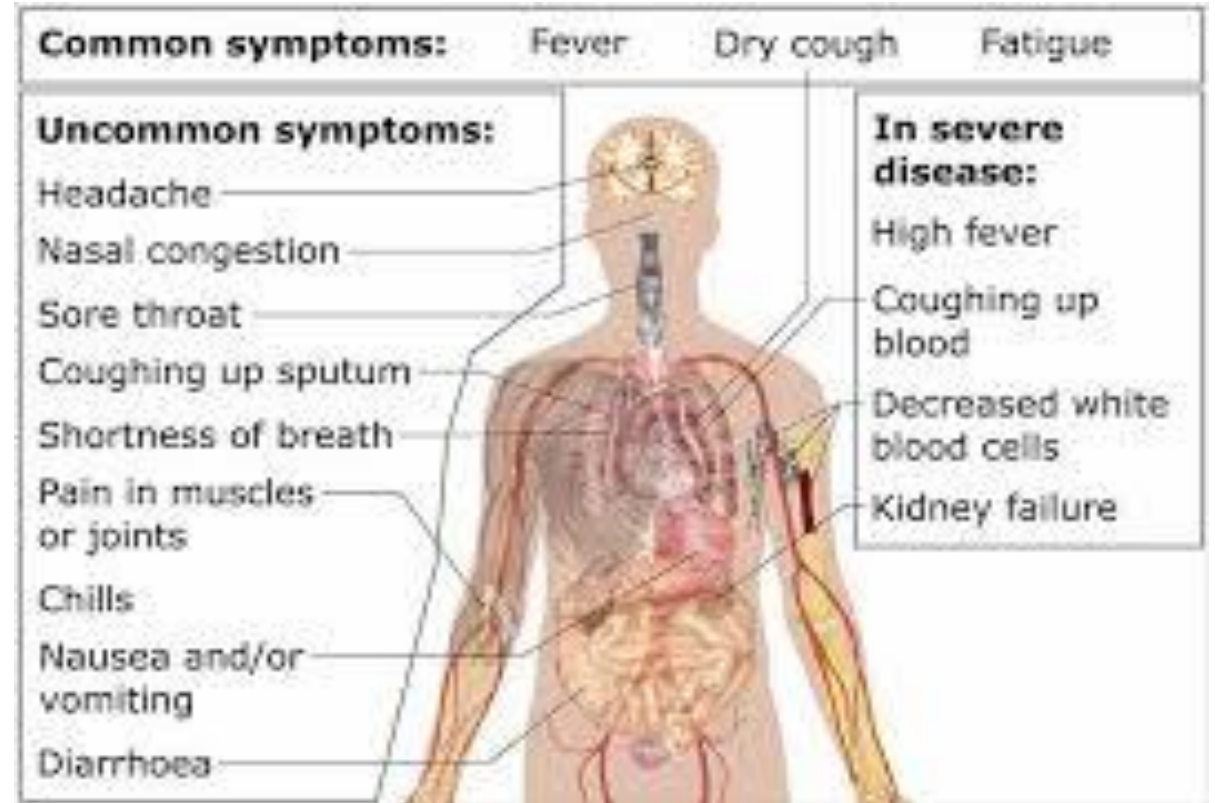
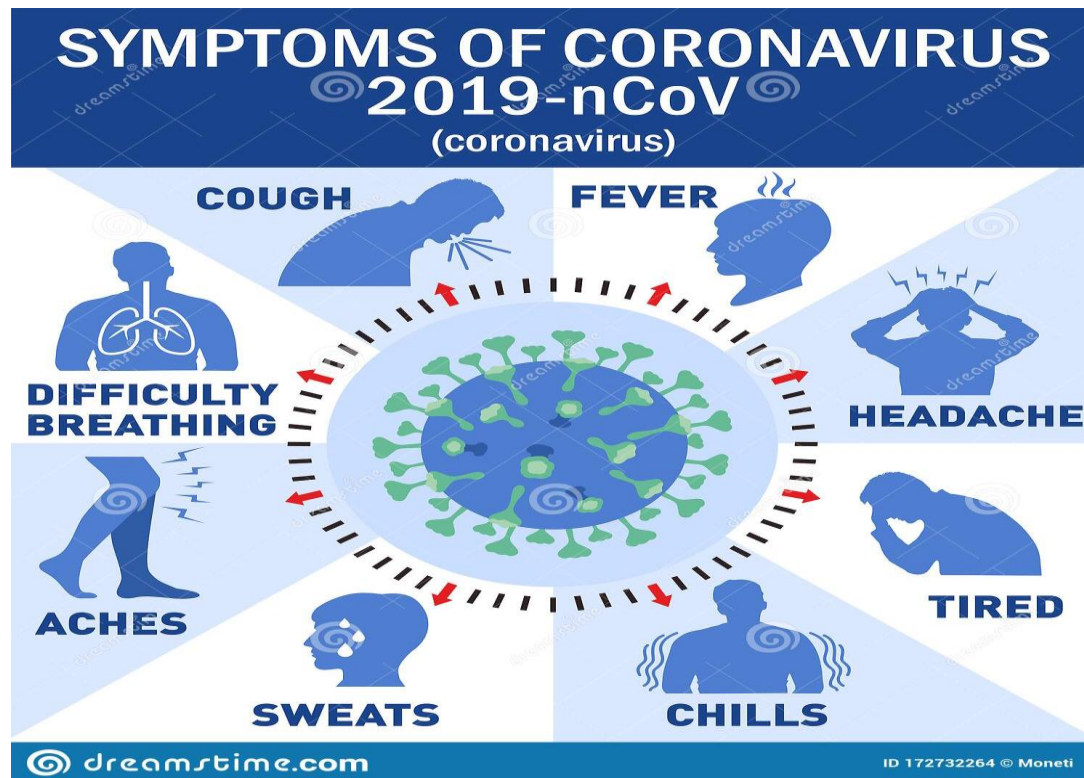
How Contagious & Deadly is It?

We don't fully know yet but it's in **this range**

% who die (CASE FATALITY RATE)



What to look out for.....



HOW DEADLY IS COVID-19.....?

COVID-19 #CORONAVIRUS INFOGRAPHIC DATA PACK

The Majority of Infections are Mild

Seriousness of symptoms

80.9%



MILD
Like flu, stay at home

13.8%



SEVERE
Hospitalization

4.7%



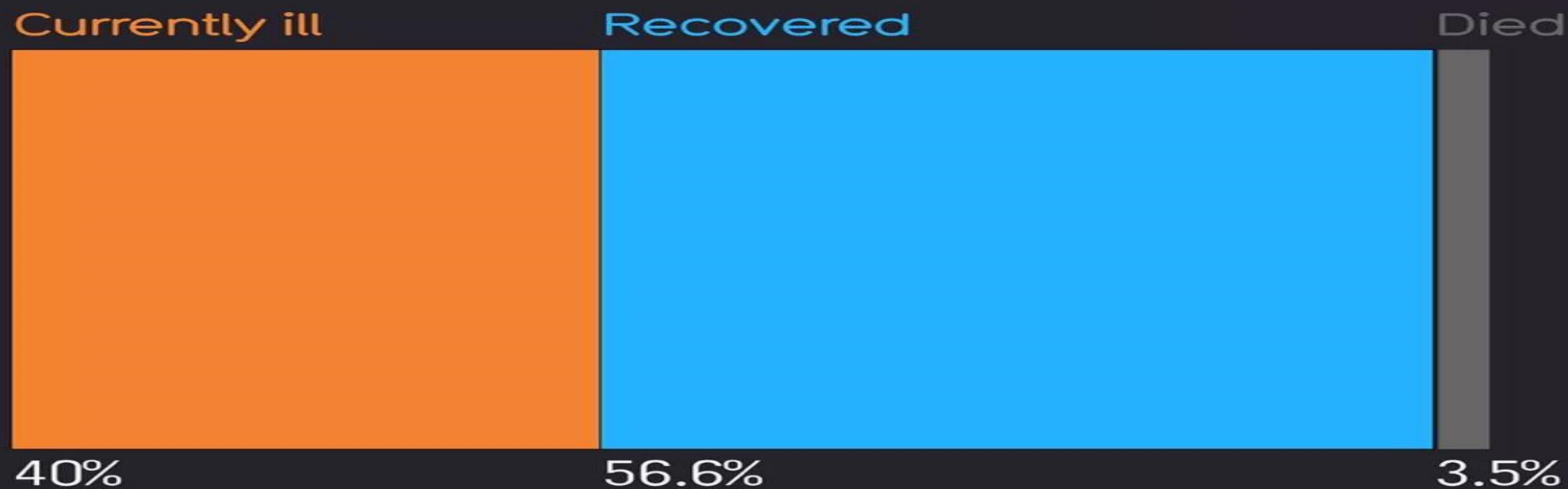
CRITICAL
Intensive care

Can people recover.....?

COVID-19 #CORONAVIRUS INFOGRAPHIC DATA PACK

The Majority of People Recover

Of total worldwide confirmed cases...



How do I prevent COVID-19 spread.....



CORONAVIRUS DISEASE (COVID-19) **PREVENTION**



Regularly and thoroughly wash hands with soap under running water. Where there is no soap, use hand sanitiser



Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. Dispose of the used tissue immediately



Avoid touching your eyes, nose, and mouth with unwashed hands



Maintain at least 1 and half metres (5 feet) distance between yourself and anyone who is coughing or sneezing



If you have travelled recently to a country with COVID-19 outbreak in the last 14 days and you have a fever, cough, or breathing difficulty call NCDC



Avoid contact with people if you have travelled recently to a country with COVID-19 outbreak in the last 14 days

Caution at work place...

- Make sure your workplaces are clean and hygienic Surfaces (e.g. desks and tables) and objects (e.g. telephones, keyboards) need to be wiped with disinfectant regularly.
- Ensure that face masks and / or paper tissues are available at your workplaces, for those who develop a runny nose or cough at work, along with closed bins for hygienically disposing of them
- Brief your employees, contractors and customers that if COVID-19 starts spreading in your community anyone with even a mild cough or low grade fever (38.C or more) needs to stay at home and visit the nearest health centre



 HM Government





CATCH IT.



BIN IT.



KILL IT.

Caution at work place.

- Make sure that staff, contractors and customers have access to places where they can wash their hands with soap and water
- Put sanitizing hand rub dispensers in prominent places around the workplace. Make sure these dispensers are regularly refilled



Travelling.....?

- Have the latest information on areas where COVID-19 is spreading.
- Based on the latest information, you should assess the benefits and risks related to upcoming travel plans
- Avoid travelling if you are at higher risk of serious illness (e.g. older employees and those with medical conditions such as diabetes, heart and lung disease) to areas where COVID-19 is spreading.
- Comply with any local restrictions on travel, movement or large gatherings.



W

Wash
hands



U

Use mask
properly



H

Have
temperature
checked
regularly



A

Avoid
large
crowd



N

Never touch
your face with
unclean hands



FAQ

- ▶ **WHY DO I NEED TO STAY AT HOME EVEN IF I HAVE JUST MILD SYMPTOMS OF COUGH,FEVER AND OTHER SYMPTOMS OF A COLD/FLU?**

ANSWER

Symptoms of Covid-19 are similar to those of common cold/ flu, hence the need to stay at home to prevent spreading the virus to other people.

FAQ

▶ **WHAT IS MY HEALTH INSURANCE COVER RELATING TO COVID-19?**

ANSWER

COVID-19 is a pandemic and as such, management of the disease is handled by the Nigerian center for disease control (NCDC).

FAQ

- ▶ **WHICH HOSPITAL/HEALTH CENTRE CAN I PRESENT TO IF I DEVELOP COVID-19 SYMPTOMS?**

ANSWER

If you develop any COVID-19-like symptoms, kindly contact the NCDC on:

- ▶ **TOLL FREE LINE- 0800 9700 0010**
- ▶ **WHATSAPP – 0708 711 0839**
- ▶ **SMS – 0809 955 5577**

NCDC will get you tested and if positive, you will be referred to a management center in your region.

FAQ

▶ WHO DO I CALL IF THERE IS A SUSPECTED CASE OF COVID-19 AROUND ME?

ANSWER

You can reach the NCDC via the following channels :

- ▶ **TOLL FREE LINE- 0800 9700 0010**
- ▶ **WHATSAPP – 0708 711 0839**
- ▶ **SMS – 0809 955 5577**
- ▶ **Facebook: @NCDCGov**
- ▶ **Twitter: @NCDCGov**
- ▶ **Instagram: NCDCGov**

FAQ

▶ **WHAT DOES SOCIAL DISTANCING MEAN?**

▶ **ANSWER**

Social distancing is an effective strategy to reduce physical interaction between people towards reducing the widespread of COVID-19 in the community.

This measure involves strict adherence to ;

- ▶ Non –contact greetings(avoid handshakes and hugs)
- ▶ Maintaining at least 2 meters(5 feet) physical distance between yourself and others.
- ▶ Avoid activities that will cause any form of gathering including schools, houses of worship and social events.

STAY HEALTHY!

